



Thalassa Nursing Home

A Caring Environment for Your Loved Ones

79 Western Way, Gosport, Hants, PO12 2NF

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Welcome to Thalassa Nursing Home

A Commitment to Care

A pillar of compassionate care and support located in the serene neighbourhood of Alverstoke. With a rich history of providing exceptional care to our residents, Thalassa Nursing Home is renowned for its dedication to enhancing the lives of those entrusted to its care.

At Thalassa Nursing Home, our team of Registered Nurses are committed to offering assistance whenever you require it. We deliver personalised care for a range of circumstances, ensuring that each person receives tailored support aligned with their unique needs and preferences.

At Thalassa, we actively value input from both residents and their families, fostering collaborative care planning to guarantee a high level of support while empowering a person to uphold their independence. Thalassa Nursing Home remains steadfast in its commitment to providing exceptional care and support for years to come.

Nursing

With round-the-clock access to registered nurses, our nursing care ensures that individuals with complex medical needs receive the highest level of clinical support and attention.



Palliative & End of Life Care

During challenging times, our palliative and end of life care services offer comfort, dignity, and support for individuals and their families, ensuring a peaceful and dignified final journey.



Dementia Care

Our dedicated team provides support for individuals living with dementia, creating safe and nurturing environments where residents can thrive with dignity and independence.







Thalassa has earned a reputation for excellence, built upon years of dedication and compassionate service.

Under the management of Alexandra Sturme, Thalassa Nursing Home has continued its high standards of care and commitment to enhancing the quality of life for its residents.

We ensure an ongoing programme of training and development to enable our staff to continuously evolve and further their knowledge to provide a high standard of care.

We have a team of kitchen staff who ensure the meals provided are of high quality and nutrition and meet each person's dietary needs and preferences. Our housekeeping and maintenance team ensure the home is well presented, safe and comfortable.



Accommodation

At Thalassa Nursing Home, we have capacity to accommodate up to 47 residents. All our rooms are fully furnished with majority of them having en-suite facilities. We offer single or companion bedrooms, allowing you to maintain a level of comfort and privacy while with us. We promote residents to customise their rooms, creating a homely atmosphere with beloved decorations or familiar furniture.



Facilities

The communal areas at Thalassa are all designed with the comfort of our residents in mind. Our vibrant garden provides a serene escape for residents to enjoy nature and soak in the sunshine. Fresh-cooked meals are served daily in our specially designed dining area. Our spacious lounge and quiet spaces are designed to provide comfortable surroundings for the residents to socialise and engage in. We also have our dedicated hairdressing suite on site, where residents feel pampered and cared for.



Activities

From engaging games and relaxed quizzes to cosy knitting circles and lively gardening clubs, we aim to provide a variety of enjoyable activities that cater to our resident's interests. Our focus is on creating a warm and welcoming atmosphere where residents can connect and build meaningful relationships within our community. We welcome families and friends to relax and enjoy time spent with our residents at any time during the day.





Pop in for a chat and a cup of tea

Meet our team and take a look around at your own pace.



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